

Child Care Health Consultation Lesson Plan

Contractor Name: Standard Lesson Plan

Date Submitted: March 27, 2015

☐ **Children's Health Promotion**

Adult Training on Content Area V: Health and Safety	Health and Safety Standards	Training Levels
Select one standard and one level	<input checked="" type="checkbox"/> Promoting Risk Management Practices	<input checked="" type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
	<input type="checkbox"/> Protecting Children and Youth	Source: Core Competencies for Early Childhood and Youth Development Professionals (Kansas and Missouri), 2011
	<input type="checkbox"/> Promoting Physical Health	
	<input type="checkbox"/> Promoting Mental Health	
	<input type="checkbox"/> Promoting Healthy Eating	

Title: ALICE Training for Child Care Providers 2.0 – Surviving an active shooter situation in child care

Training Goal: Child care providers will receive current recommendations for how to deal with active shooter incidents based on the ALICE curriculum and presented by a certified trainer

Learning Objective(s): Participants will

Verify steps that should be taken in an active shooter event

Review effective strategies for thwarting an active shooter

Identify options for increasing chances for surviving an active shooter attack

Topical Outline of Content	Training Method(s)	Time (in minutes)
Introductions and objectives; overview of ALICE program	Lecture / discussion	15 min
Review of current trends in active shooter events	Lecture / discussion	15 min
"A" – be ALERT: <ul style="list-style-type: none"> Methods for clearly conveying warnings Ways various communication technologies can facilitate those messages. 	Lecture / discussion	15 min
"L" – LOCKDOWN: <ul style="list-style-type: none"> Scenarios where lockdown is the preferable option Myths about traditional lockdown procedures Practical techniques to: barricade a room, silence mobile & electronic devices, communicate with police, and how to prepare to use other strategies should the active shooter gain entrance. 	Lecture / discussion	15 min
"I" – INFORM: <ul style="list-style-type: none"> Methods for communicating life saving information Knowledge key for survival 	Lecture / discussion	15 min
"C" – COUNTER: ALICE does not endorse civilians fighting an active shooter <ul style="list-style-type: none"> Actions necessary for self defense--last-ditch & worst-case Anything a person can to do gain control is acceptable. 	Lecture / discussion	15 min
"E" – EVACUATE: <ul style="list-style-type: none"> Safer and strategic evacuations; techniques What to do at rally points (including communicating with Law Enforcement and administering First Aid) 	Lecture / discussion	15 min
Wrap up / Q & A / Evaluation	Discussion / questions	15 min

Method(s) of Outcome Evaluation: Group responses to participation, scenarios, Q & A

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APPROVED FOR 2 CLOCK HOURS

Date Approved:
March 27, 2015

Authorized Approval Signature:



Date Expires:
March 2018